



## **ELECTRONYSTAGMOGRAPHY (CPT CODES 92543, 92547, 92540)**

You have been scheduled for an ELECTRONYSTAGMOGRAPHY/VIDEONYSTAGMOGRAPHY (ENG/VNG) evaluation, a test of your balance mechanism.

Certain types of medications will affect the ENG results and therefore, should not be taken at least 48 hours prior to the test date. A list of these medications is given below:

1. Sleeping Pills
2. Tranquilizers
3. Antihistamines
4. Barbiturates/Narcotics  
(Prescribed pain relievers)
5. Alcoholic Beverages
6. Anti-dizzy drugs
7. Sedatives
8. Muscle relaxants
9. Diuretics
10. If you are on other medications, please call to see if they should be stopped.

## **DO NOT DISCONTINUE THE USE OF ANY PRESCRIBED MEDICATION WITHOUT FIRST CONSULTING YOUR PHYSICIAN**

- **Do NOT wear any MAKEUP or LOTION, especially around the eyes.**
- **It is also recommended that you do not eat, smoke or drink caffeinated beverages 3 to 4 hours before your test appointment.**
- Casual, comfortable clothing is recommended.
- You may be asked to remove contact lenses if they interfere with testing.

The ENG evaluation is a procedure that requires approximately 1 to 1.5 hours to administer. You will wear infrared video goggles in order to record your eye movements during the examination. Instead of the goggles, electrodes may be placed around your eyes.

The test is divided into three portions. The first section evaluates your ability to follow different types of “visual targets” with your eyes. The second section evaluates your eye movement behavior in response to changes in head and body position. In the third and final section, your ears will be irrigated with cool and warm water that may induce a sensation of movement. The records from these tests will be used to determine the integrity of the inner ear balance system.

If you have any questions regarding this information or about scheduling your appointment, please call our office.